

THE BETTER WAY TO  
**AVOID  
BURNOUT**

WITH 5 ALTERNATIVE INCOME OPTIONS TO  
HELP YOU RECLAIM YOUR LIFE & LIVE IT ON  
YOUR TERMS

*Althea*  
MCLEISH

Helping Busy Nurses &  
Professionals Uncover Alternative  
Income Options, Create an  
Amazing Life and Thrive

[www.AltheaMcleish.com](http://www.AltheaMcleish.com)



Hello my friend,

I'm so excited that you chose to pick up this giveaway. You're absolutely going to love it!

Question....

*Have you ever wondered why some people struggle financially while others don't?*

It isn't that one person wants success and the other doesn't. The difference lies in what each person knows and how he or she makes use of that knowledge.



A few months ago.... maybe years, you were oozing with excitement and enthusiasm about your job. But now you're totally frustrated, disappointed, burned out or even somewhat depressed.

Know what I'm talking about?

Are you stressed out because you're working 50 plus hours a week, and still not making ends meet. You've got a good job but you're in debt (college loans, wedding, house, cars, babies, credit cards). You don't think you'll ever be able to pay off your debt. You feel guilty because you spend so much time away from home, you spouse, your kids and your family.

If this is you.....

**Here are 5 Income Alternatives to help you work fewer hours and have more time freedom:**

## 1 Teach English from Home

Do you have at least one year of teaching experience? Then you might want to check out **VIP Kid** which can pay up to \$2,000 per month for you to teach English from the comfort of your own home.

**Requirements:** Eligibility to work in the US or Canada. Bachelor's degree in any field.

One school year of traditional teaching experience or the equivalent in mentoring, tutoring, or alternative education.

The way it works is, you are assigned a student in China who wants to learn English. VIP Kid provides the curriculum and you do everything from a computer. Not too shabby, right?

## 2 Proofreading

Do you like to read? If you've got an eye for detail, an online proofreading job might be the perfect side hustle for you. Many companies are looking for people who will proofread their content before it's published, and this is a job you can do from the comfort of your home office.

Believe it or not, proofreading is a very valuable skill set because quality content is what sets people and businesses apart from the rest of the crummy content that is out there.

To help you earn more as a proofreader, consider taking a course like ***Proofread Anywhere*** - there is a course for general proofreading and one for transcript proofreading. The transcript proofreading usually pays more than general proofreading as the work tends to be more difficult.

Once you're ready, you can set up shop on Upwork.com as a proofreader and bid on jobs large and small.

## 3 Virtual Assistant

Companies and business owners alike are searching for virtual assistants to help them with the small day-to-day tasks, which frees them up to run their businesses efficiently.

If you're organized, good at helping others and have good time management skills, then becoming a virtual assistant might be the right move for you. Check out ***Outsourcely*** online to see what's available, or pitch your services as a freelancer to online businesses.

## 4 Create an Online Course

If you have a gift for teaching and have something valuable to teach others, consider leveraging some of your skills to create a healthy income online. Nearly any skill can be marketed, and the course can be a short course or a long course.

After you've created the content for your course, you can use ***Udemy*** or ***Teachable*** to host and market it. Depending on how much time you invest in your course, you could make a substantial side revenue stream by creating courses that deliver tremendous amounts of value. Online tutoring can be a suitable work from home career, if you have the skills and training necessary to provide academic support.

As an online tutor, you will have the flexibility to work from home; however, your schedule is often dictated by the needs of the student, so your time freedom may be limited.

## 5 Financial Coaching

There are many, many individuals and families who are eager to learn how to manage their money well. 2 years ago, I was able to envision myself getting out of the mess I was in. I caught a glimpse of myself rising from the ashes.... it was brief... but it was life-changing.

At the time, I had no idea "How," "What," or "When". But a seed was planted. And it didn't take long before I was introduced to something powerful and got involved.

I was able to water it, and watch it grow. My life is not the same. I was able to water it, and watch it grow.

If you're sick and tired of beating your head against the wall, and ready to re-ignite your passion for your life.....

Then hop over to MESSENGER and send me a quick note. I'll be happy to share more with you. All it takes is a willingness to learn how to get financially healthy, manage your personal finances, and help others do the same. Sometimes all you need to let go is the right person to hold on to.

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### Resources Mentioned:

- **VIP Kid:** <https://t.vipkid.com.cn>
- **Proofread Anywhere:** <https://proofreadanywhere.com>
- **Upwork:** <https://www.upwork.com/i/how-it-works/freelancer>
- **Outsourcely:** <https://www.outsourcely.com/remote-workers>
- **Udemy:** [https://www.udemy.com/teaching/?ref=teach\\_header](https://www.udemy.com/teaching/?ref=teach_header)
- **Teachable:** <https://teachable.com>

I'm so excited that we are connected now and I can't wait to learn more about you and your goals. Make sure we can stay in touch by connecting with me by clicking the social icons below.

Here's to your success,

*Althea*



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